

# Kentucky State Parks Restaurant Menu



## Breakfast

### Healthy Start

#### Oatmeal

Served with toast, brown sugar, 2% milk and a choice of banana, raisins or pecans. **\$3.99**

#### Fruit Cup

Filled with the season's freshest fruits. **\$2.99**

#### Mom's Favorite

Cereal and 2% milk. Ask your server for today's selections. Served with toast and a choice of bananas, blueberries or strawberries (seasonal). **\$3.99**

## Breakfast Sandwiches

#### Breakfast Biscuit

Savory sausage, bacon or country ham on a freshly baked biscuit. **\$2.49**

#### First Cast

An English Muffin with egg, cheese and your choice of bacon or sausage. **\$3.49**

#### The BLT

The classic on whole wheat or white toast. **\$3.99**

#### Breakfast Burrito

The perfect meal to go. A flour tortilla surrounds scrambled eggs, peppers, ham, onions and melted cheese. **\$3.99**

## Park Favorites

#### Bluegrass Platter

We'll bring you two eggs\* any way you like them. Served with breakfast potatoes and your choice of sausage patties, bacon or sugar cured ham and biscuits or toast. **\$6.99**

#### Kentucky Eggs Benedict

A Bluegrass spin on a breakfast tradition. A freshly baked biscuit topped with thinly sliced country ham, a fried egg\* and creamy milk gravy. Served with breakfast potatoes. **\$7.49**

#### Triple Crown

Buttermilk pancakes with maple syrup, two eggs\*, bacon and sausage patties. **\$6.99**

## **Commonwealth Country Ham Platter**

Country ham with a side of red-eye gravy, two eggs\*, breakfast potatoes and fried apples. Your choice of freshly baked biscuits or toast. **\$7.99**

## **Biscuits & Gravy**

A Kentucky favorite. Freshly baked biscuits smothered with creamy milk gravy. **\$3.49**

## **Omelets**

\* Served with breakfast potatoes and biscuits or toast.

## **The Works**

Ham, bacon, sausage, mushrooms, onions, tomatoes, diced peppers and cheese. **\$7.49**

## **Vegetable**

Onions, mushrooms, tomatoes, peppers and cheese. **\$6.49**

## **Meat Lovers**

Bacon, ham, and sausage with cheese. **\$6.99**

## **Cheese**

Perfect for the cheese lover. **\$5.99**

## **Country Ham and Cheddar**

Tender country ham and mild cheddar cheese. **\$6.99**

## **Sweeter Side**

### **Pancakes**

A stack of three pancakes served with plenty of whipped butter and maple syrup.

Plain **\$4.49**    Blueberry **\$5.49**    Pecan **\$5.49**

### **French Toast**

Cinnamon swirled Texas toast dipped in egg batter and topped with sugar. Served with maple syrup and whipped butter. **\$4.99**

## **Breakfast Sides**

Grilled English Muffin **\$1.79**

Bagel with Cream Cheese **\$1.99**

Southern-Style Grits **\$1.79**

One Pancake **\$1.99**

Sausage Patties (2) **\$2.29**

Country Ham **\$3.49**

\*Two eggs **\$1.99**

Freshly Baked Biscuits or Toast **\$1.79**

Breakfast Potatoes **\$1.79**

Skillet Fried Apples **\$1.99**

Bacon (3) **\$2.29**

Sugar Cured Ham **\$2.99**

\*One egg **\$1.49**

*\* May be cooked to order. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.*

## Starters

### **Mozzarella Cheese Sticks**

Creamy mozzarella cheese sticks, rolled in a crumbly breading, fried to a golden brown and served with a rich marinara sauce. **\$4.99**

### **Buffalo Strips**

Boneless strips of white meat chicken breaded in our special seasoned flour, fried to perfection and dipped in buffalo sauce. Served with bleu cheese dressing and celery sticks. **\$5.99**

### **Fried Green Tomatoes**

Slices of green tomatoes dipped in buttermilk and rolled in seasoned meal, fried and served with spicy ranch dip. **\$5.99**

### **Chicken Quesadilla**

Grilled flour tortilla stuffed with grilled chicken, diced tomatoes, green peppers, onions and shredded cheddar cheese. Served with salsa and sour cream. **\$6.99**

### **Cheese & Relish Sampler**

Assorted cubes of domestic and imported cheeses accompanied by a fresh cut vegetable assortment. Served with ranch dip and crackers. **\$7.99**

## Soups and Salads

### **Chef Salad**

Fresh mixed salad greens topped with sugar cured ham, roasted turkey, Swiss and American cheeses, bacon crumbles, croutons, tomatoes and served with your choice of dressing. **\$7.99**

### **Chicken Strip Salad**

Fresh mixed salad greens topped with your choice of fried chicken strips or marinated grilled chicken, shredded cheddar cheese, bacon crumbles, croutons, tomatoes and served with your choice of dressing. **\$8.99**

### **Garden Salad**

Mixed salad greens topped with diced tomatoes, croutons and shredded cheddar cheese. Served with choice of dressing and crackers. **\$2.99**

### **Kentucky Cobb Salad**

Wedge of lettuce with ribbons of feather-shredded cheddar cheese, hard-boiled eggs, baked country ham, croutons and diced tomatoes. Served with crackers and your choice of dressing. **\$7.99**

### **Soup of the Day**

Ask your server for today's variety of our homemade soup.

Cup **\$2.49** Bowl **\$2.99**

### **Soup and Salad Bar**

Help yourself to our all you can eat soup and salad bar (when available). **\$6.49**

## Lunch and Dinner

### Kentucky Favorites

\* Soup and salad bar (when available) can be added to any Kentucky Favorite for \$2.99 or substituted for a side item for \$1.00.

#### Catfish Fillet

Mild catfish fillet rolled in our seasoned meal and fried to a golden brown. Served with hushpuppies and your choice of two sides.

One fillet **\$8.99**      Two fillets **\$11.99**

#### Chicken Strips

Boneless strips of white meat chicken breaded in our special seasoned flour, fried to perfection. Served with your choice of two sides. **\$8.99**

#### Grilled Chicken Breast

Boneless chicken breast lightly seasoned and grilled with sautéed mushrooms and onions. Served with your choice of two sides

One piece **\$8.49**      Two pieces **\$9.99**

#### Kentucky Hot Brown

Toast points with baked country ham, roasted turkey, smothered in cheese sauce, topped with tomato, bacon and cheddar cheese. Baked until steaming hot. **\$8.49**

#### Kentucky Country Ham

Center cut of aged Kentucky country ham, lightly fried tender and flavorful. Served with red-eye gravy and two side items. **\$10.99**

#### Country Vegetable Plate

Your choice of three vegetables from our chef's selection, served with rolls or cornbread. **\$6.49**

#### Kentucky Country Fare

Pinto beans, fried potatoes, corncakes and cole slaw. Served with sliced onions. **\$6.49**

### Sandwiches

\* Add a soup or salad bar for \$2.99

#### Hamburger

Our 6-ounce hand pattied fresh ground beef burger on a toasted Kaiser roll.

Served with fries **\$5.99**      With cheese **\$6.49**      With bacon & cheese **\$7.49**

#### Catfish Sandwich

Mild catfish fillet rolled in our seasoned meal and fried to a golden brown. Served on a toasted hoagie roll with fries and tartar sauce. **\$6.99**

### **Chicken Wrap**

Grilled flour tortilla stuffed with your choice of grilled or fried chicken, shredded cheddar cheese, tomato, lettuce and ranch dressing. Your choice of white, wheat or tomato tortilla. Served with fries. **\$6.99**

### **Southwestern Veggie Wrap**

Flame roasted corn, black beans, onions, peppers, lettuce, tomato and shredded cheese in a tomato tortilla. Served with fries. **\$6.99**

### **Traditional Club**

A toasted triple decker classic with sliced turkey breast, sugar-cured ham, crisp bacon, American cheese, lettuce and tomato on your choice of bread. Served with chips. **\$7.49**

### **Country Ham & Swiss**

Thinly sliced country ham, topped with melted Swiss cheese on a toasted hoagie roll. Served with fries. **\$7.49**

### **Grilled Chicken Sandwich**

5-ounce boneless, skinless chicken breast in our special marinade, grilled over an open flame and served on a toasted Kaiser roll. Served with fries. **\$6.49**

### **Philly Cheese Steak**

Our version of the classic Philly Cheese Steak served on a hoagie roll with Swiss cheese, grilled onions and green peppers. Served with fries. **\$7.99**

### **Reuben**

Grilled marbled rye with tender sliced corn beef, melted Swiss, sauerkraut and Thousand Island dressing. Served with fries. **\$6.99**

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.*

## **Beverages**

Fountain Drinks **\$1.99**

Iced Tea **\$1.99**

John Conti Coffee **\$1.99**

Juice **\$2.29**

Milk **\$2.29**

Bottled Water **\$1.99**

*Free refills on coffee, fountain drinks and iced tea.*

## **Sides**

All Sides **\$2.29**

Baked Potato (after 5:00pm only)

Cole Slaw

Cottage Cheese

French Fries

Onion Rings

Steamed Vegetable Blend

Pinto Beans

Vegetable of the Day